

# Style Break

The salon & spa journal



NAILATHON  
Supplement  
with this issue!

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## FACE 2 FACE

Meet Uday Shirali,  
Priyanka Chopra's  
make-up maestro

## NAILATHON 2016

A grand success

## SS SHOOT

'Hollywood looks' created by  
Asha Hariharan & Reneé Melek

## Mimic the Muse

Get inspired by these  
ravishing date looks

## Valentine Musings

Up your salon and spa game  
this Valentines

## Quick-fix

Speed up your salon game  
with these 4 master tricks

## LUXURIOUS Indulgences

with pampering spas this V day

the  
valentine  
issue





# Valentine Musings

This Valentine make the most of the spas and salons near you... Feel special, feel loved

Words | Bindu Gopal Rao



cocoa, coffee and coconut treatment. Locally grown ground coffee gently exfoliates as the caffeine in the coffee draws out impurities while the coconut deeply conditions – a triple combination that gives skin a vivacious glow and toned appearance. Treatment includes the signature foot bath, your choice of 60-min Balinese or Swedish massage; a coffee and coconut body scrub and finished off with a cocoa and coffee body mask. The treatment also includes herbal steam bath.

## Special Offers

The spa industry is constantly changing according to the needs of the guest. Valentine's Day is the time when spas and salons offer something new for their patrons. Arjita Kumari, Spa Manager at Alila Diwa Goa says, "On Valentine's Day we want to make our guests feel even more special. Highlights that make it special for Valentine's day is the signature romantic bath experience we will create for the couple including a bottle of sparkling wine and chocolates. Special Romantic setup will be done for the guest and services like private steam room and private Jacuzzi will

also be a part of the package." Love by The Ritz-Carlton is the Valentine's Spa offer that begins in the refreshing steam chamber of their Private Spa Suite. "The couple would then experience a series of decadent, cocoa and coffee infused treatments including a Chocolate Delight Body and Face Massage, a Chocolate Espresso Body Wrap and a soothing

It's the season when love is in the air and a little extra pampering does not hurt. So why not use this as the perfect occasion to indulge? Well, if that sounds like a plan, read on to know how you can make the most at a spa and salon near you this Valentine season.

## Packages Galore

Valentine's Day is the perfect excuse to spend quality time with your spouse or soul mate and spas and salons are on the rebound offering special deals and

packages that are drool worthy. Planet Hollywood Resort, Goa has curated a special package for the Valentine's day called the Cupid's spa package which is designed for a couple or for someone who wishes to treat his/ her Valentine to a day of Spa indulgence. This package includes an aromatherapy massage, a refreshing body polish, facial for lady or a spa pedicure for men. If you have a destination in mind, head to God's own country where you can relax and unwind in the peace and tranquillity of a relaxing spa break at Niraamaya Retreats Surya



Samudra – Kovalam. Treat yourself and your partner this Valentine's Day with our special offer on "Yin Yang Romance" Couples Spa. Indulge and enjoy a romantic pampering in the privacy of a Couple's spa suite. Enjoy an Aroma massage followed by a steam and hydro-bath in a Whirlpool infused with rose bath salts. The best part is that the spa is offering a "Quick Face Care" treatment absolutely free for the couple. Or simply head for a Romantic Getaway at Spa Alila and awaken your senses and tone your body with this rich







Chocolate Body Embalm. The two hour ritual concludes with a romantic couple's bath enhanced by chocolate-dipped strawberries," says Dr. Kannan Nettath, Director of SPA, The Ritz-Carlton, Bangalore.

### Trend Check

Red carpet facials like Snake Venom facial, Sheep placenta facial are very popular for events and parties where they want rejuvenation without any skin peeling or redness. "Hair thinning and balding regions of scalp can be covered and filled with Scalp Tattooing, an art designed to give you the illusion of more hair and more density. Eyebrow tattooing similarly can be done to fill in any gaps or thicken the brows. For anti ageing, other than Botox and Fillers, Ultherapy, a high focused Ultrasound treatment is making waves for face tightening and lifting," says Dr. Shuba Dharmana, CEO/ Founder LeJeune Group of Medspas. "This Valentine's Day we are inviting you to experience a day of pampering with your Special One, indulging in a Spa offer that will be difficult to resist and which will leave you with lifelong memories to cherish. Romantic couple



spa retreats, Valentine's day brunches offering a few hours of spa indulgence are definitely trending this Valentine's," says Dr. Shalini D'Costa, Spa Manager, Planet Hollywood Resort, Goa. If you do not have the time use an app. Well, you read that right. "GLO is a unique mobile application that helps customer book same-day make-up and hair styling services. With women being hard-pressed for time almost always, GLO sounds like an app made in heaven. It's time to bid adieu to grooming woes and all that fuss," says Sugandh Jolly, CO founder Glo. Dr Chytra V Anand, CEO & Consultant Cosmetic Dermatologist Kosmoderma

has several suggestions for you to look blushing, polished and utterly gorgeous this Valentine's Day. "Follow the new trend, go beyond chocolates and roses and treat that special someone in your life at Kosmoderma. Our Just-For-Her Radiance MediFacial with radiance and glow infusions from different enzymes and vitamins with skin polishing will make you look brighter instantly and radiate on this special day. The Just-For-Him Radiance MediFacial has been specially designed to meet the challenges of men's skin and is also very relaxing and detoxifying." So go ahead and have a 'love'ly day this Valentines. **SS**