

StyleSpeakTM

The salon & spa journal



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FACE 2 FACE

With Elton J Fernandez

Prepping for the Day of Love

Get inspired from Hollywood's
superstars for V-Day

PRETTYLICIOUS LOOKING

SS guide to hair, makeup and nail
looks for Valentine's Day dates

Glitz & Glamour

The finest looks from the Golden Globe
Awards 2017 red carpet decoded

the Valentine's issue



Romantic Escapes

This Valentine's Day, indulge in one of these many romantic spa therapies with the love of your life

Words | Bindu Gopal Rao

Come February, love is in the air! After all, it is Valentine's Day; the perfect time to indulge in some luxury spa treatments with your partner. So if you are wondering how to celebrate the day of love, here's a compilation of Valentine's Day offerings from spas across India. Sit back, relax and indulge!

LOMASI SKIN BOUTIQUE, KOLKATA

Lomasi offers 30% savings on couple enrolment on services as part of its Valentine's Day offers valid from 1-14 February 2017. The Lomasi Signature Glow is a service that helps remove black and white heads, exfoliates and polishes the skin taking away pigmentation and giving it a supreme lift. Offers are available on Laser Hair Reduction Services and Body Shine services. The latter helps to remove rough and dry skin, unwanted patches, leaving body with a healthy glow. The boutique also has offers on Scar Revision, a service that helps minimize pimples, small pox scars and trauma scars while helping facilitate collagen production, removing superficial fine lines and wrinkles.



CLUB ONE FITNESS & SPA, THE SURYAA, NEW DELHI

The Suryaa, New Delhi, is the ultimate wellness destination. The Club One Fitness and Spa at the hotel offers experiences that rejuvenate your body and soul. The spa promises to transport you to a complete state of wellness, where your mind, body and soul are refreshed and reposed in great harmony.

The spa offers Ayurvedic Treatments & Massages besides conventional Swiss Massages for ultimate tranquillity to all its guests. As part of its 7 Days Of Valentine's packages, the spa offers a Heart Two Heart package for 2 Hours at a special price. Designed especially for couples, it starts with a herbal steam to refresh your body, followed by a revitalizing aromatic salt body scrub and a 1hour Swedish or Balinese Massage to ease you into a state of relaxation and bliss.



SOHUM SPA, EVERSHINE KEYS PRIMA RESORT, MAHABALESHWAR

A luxury wellness spa set amidst the scenic, strawberry-covered valleys and lush flora, Evershine Keys Prima Resort, Mahabaleshwar, gives you more reasons than strawberries and cream to fall in love all over again. This exotic spa destination is widely popular for its holistic blend of traditional, conventional and modern therapeutic techniques that will help you restore the natural equilibrium between body, mind and spirit.

Sohum Spa is the perfect escape to tranquillity and relaxation. The treatment rooms are spacious with a foot ritual chair, authentic wooden massage tables, a dedicated work area and attached shower facilities. There are various packages available, such as Romantic Spa, Detoxifying Spa, and Stress Buster – you can pick and choose based on your mood and requirement. Each treatment begins with a cool, caffeine-free beverage followed by a relaxing foot wash to cleanse stress away.

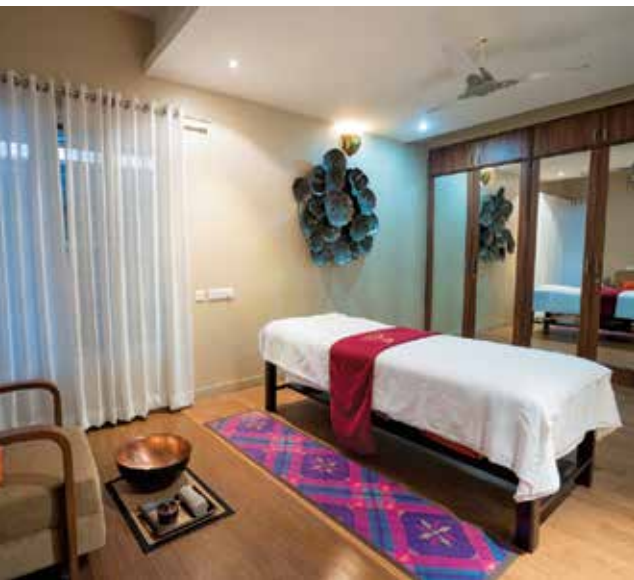


AMANBAGH & AMAN-I-KHAS, RAJASTHAN

Surrounded by ancient ruins and the Sariska National Park, Amanbagh offers a rich cultural itinerary and a holistic spa. The Camp Oasis Journey, a 6-night journey to Amanbagh and Aman-i-Khas can be customized for couples who would like to celebrate Valentine's Day with the Aman Resorts in India.

Experience Rajasthan, one of India's largest and most colourful states, with a three-night stay at Amanbagh in a Haveli Suite and three more nights at Aman-i-Khas, in an elegant Mughal-inspired tent. Both resorts offer customized romantic getaways for couples which includes full board stay, 60 minute signature couple spa experience and a romantic private dinner with wellness menu or a menu of the guest's choice.



**O2 SPA VALENTINE'S DAY SPECIAL**

Celebrating an occasion with your partner can be fun, but indulging in a luxurious treatment for that one special day can make any celebration better thousandfold. O2 Spa, India's only organized day spa chain, gives you a chance to pamper yourself and your special someone by going for a couple's spa session this Valentine's Day.

The 60 minutes of Relaxing Romance package will treat you and your partner to an hour of tranquillity as O2 Spa's specialists use unique techniques to massage away stress in a couple's suite. The Couples Who Spa Together Stay Together Package (120 minutes) and the Precious Time Together (120 minutes) package will help in making your experience even better. The Signature Experience package (180 minutes) includes the O2 Spa signature facial where couples can enjoy a 60 minute facial that is highly concentrated and is a potent anti-oxidant treatment that will help in stimulating cell renewal and regeneration. The O2 Spa Signature massage – Romantic Aromatherapy is a 60 minute therapeutic massage, with a blend of essential oils customized to the needs of the couple.

BODYCRAFT SALON & SPA, BENGALURU

Bodycraft Spa & Salon has been a culmination of experience and expertise, enjoying the patronage of a very satisfied and discerning clientele over the last two decades. Valentine's Day offers here include Love You Head To Toe (For women as a gift) where you avail a facial, mani-pedi and massage. The Valentine's Day offer for Couples includes a 60-minutes Swedish Massage, Custom facial with protein pack, scalp massage and deluxe manicure and pedicure. Enjoy 30% off on any of the couple's spa treatments.

**SUARA SPA, HOTEL SEA PRINCESS, MUMBAI**

The spa focuses on a complete holistic experience that along with easing physical stress also soothes a busy mind and nurtures a fatigued soul. This Valentine's Day, take a journey to re-ignite your togetherness amidst roses, chocolates, aromatic candles and the enchantment of love. Complete this journey of love at the Suara Spa's couple suite through the Valentine's Dreamy Retreat (120 minutes) that includes a Coco Vanilla Aroma Massage, Vanilla/Strawberry Scrub, Rose Milk Bath, Eucalyptus Steam and Shower at an attractive price point. Also, the Valentine's Mini Retreat (75 minutes) includes the Swedish massage, Vanilla/Strawberry Scrub and Eucalyptus Steam and Shower is another option if you are pressed for time. **SS**