

SPOTLIGHT KARNATAKA

Nagarahole National Park, Nagarahole means Snake River in Kannada and is spread over area of about 575 sq km and adjoins the Wayanad Wildlife Sanctuary of Kerala. The Kabini dam divides the Nagarahole and Bandipur National Parks. The forest here has a large number of rosewood and teak trees that are home to the Indian elephant, chital or spotted deer, leopard cat, four horned antelope, flying fox, giant fruit bat, Bengal tiger, rusty spotted cat and birds like herons, ducks, kites, eagles, falcons, partridges, storks, egrets, quails, peafowl, owls, lapwings, sandpipers, pigeons, doves, parakeets, cuckoos, nightjars, swifts, kingfishers, bee-eaters, barbets, swallows, larks, woodpeckers, orioles and more. You can also see reptiles like the marsh crocodile, star tortoise, common Indian monitor lizard, geckos, spectacled cobra, Indian python and green whip snake here.



From top: Nagarahole National Park; and Kabini National Park

KABINI NATIONAL PARK / WILDLIFE SANCTUARY

With its varied topography the Kabini National Park is home to 250 species of flowers and trees.. With the largest population of elephants, Kabini also has animals like leopard, panther, sambhar, spotted deer, chital and bisons. This sanctuary also offers a water safari on Government run boats and is on the bank of Kabini River.

BILIGIRIRANGA SWAMY TEMPLE WILDLIFE SANCTUARY

Located in the Chamarajanagar district over 540 sq km, BR hills as this is popularly known is home to the BRT sanctuary that has several species of mammals including elephants, sloth bear, gaur, tigers, leopards, barking deer and sambar as

CARDIAC CARE AT COLUMBIA ASIA

Columbia Asia Hospital – Sarjapur Road in Bengaluru, is in the forefront in providing cardiac care. Here are some of the conditions managed at the hospital:

- Cardiac arrhythmias, such as atrial fibrillation, are abnormalities in rhythm of the heart. The heart can beat too slowly, too fast or with an abnormal rhythm. There are various types of arrhythmias, some of which are life-threatening. Arrhythmias are diagnosed by using electrophysiological studies that sometimes involve 3D mapping. Some common treatment method lies include ablation of any abnormal pathways or implantation of devices that either pace the heart or defibrillate the abnormal rhythms.
- Cardiomyopathies are diseases affecting the heart muscle. This affects people of



all ages and are usually inherited. The heart muscle becomes enlarged, thick or rigid, affecting its ability to pump blood efficiently.

- Inflammatory heart disease is another

condition caused by infection of heart muscles by bacteria, virus or from an autoimmune disorder. There are three main types of inflammatory heart disease: pericarditis, endocarditis and myocarditis depending on which part of the heart is affected.

- Heart failure is serious condition and usually secondary to other diseases of the heart. It is a condition in which the heart loses its ability to pump blood efficiently through the body. In other words, the heart cannot pump enough blood to meet the needs of all the organs in the body.
- Coronary artery disease: Blood vessels of the heart are blocked leading to deficiency in the blood supply to the various regions of the heart. Once this is suspected an angiogram will reveal the exact nature of the disease and the kind of intervention